



QEDman

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QED man : French Green Clay powder

What is it?

French Green Clay, known as Illite clay, is a 100% natural bio-organic material. Over thousands of years in the earth the Green Clay absorbs a wealth of essential healing minerals from the plant kingdom including Silica, Magnesium, Calcium, Iron, Potassium, Cobalt, Manganese, Zinc, Selenium, Copper, Aluminium, Phosphorous, & Sodium. After removal from the ground the Illite is naturally sun-dried, capturing the solar energy which activates the vital minerals and trace elements within. Sun dried Green Clay has a record of usage by the Romans, Greeks and Ancient Egyptians to treat a wide variety of ailments.

How can French Green Clay help me?

The main reason to use French Green Clay is quite simple: to give the pores of the skin a DEEP cleansing. It absorbs excess oils, dirt and harmful toxins from the skin. In addition, French Green Clay is by far one of the most majestic, most effective, and most commonly used therapeutic skin clays. It is a powerful detoxifier with an extraordinary absorbent capacity. It acts like a magnet to draw out impurities from the skin while the essential minerals within the clay are released and the skin absorbs those it needs to aid healing, thereby restoring health & vigor. French Green Clay is a powerful bactericide, hindering the exacerbation of infection. Indeed, one of the most remarkable characteristics of illite is its ability to go directly to the area of the body where it is most needed. Unlike chemical medicines which can destroy healthy tissues and beneficial bacteria as well as bad, Illite is entirely selective in seeking out pathogenic microbes and diseased tissue cells allowing healing to take place at an accelerated rate. French Green Clay stimulates the circulation of blood and lymph, removes dead skin cells, absorbs impurities & fats and tones & strengthens connective tissues to leave skin smooth, fresh & radiant.

How do I use French Green Clay?

Mix $\frac{3}{4}$ tablespoon of French Green Clay powder with $\frac{3}{4}$ tablespoon of water (you can use tap water, bottled water, or best of all **QED man Da Vinci Water**). Experiment with the proportions of powder to water, because you may be able to use smaller amounts to create sufficient clay for a mask; for example, $\frac{1}{2}$ tablespoon of French Green Clay powder with $\frac{3}{4}$ to 1 tablespoon water. For optimal results use a ceramic or glass bowl and your finger to mix. That way you can feel if all the dry clay is mixed up thoroughly to a fairly thick yet easily spreadable consistency (that said, some people prefer a looser consistency). If desired, you can use a wooden spoon to mix, but avoid using metal

because it effects the chemical make up of the clay. Spread mask evenly over entire face; avoid eyes and lips. Make certain to cover the surface, leave no blank spots. Then relax, preferably supine, while the mask dries completely (which typically takes about 20 minutes, but could take as long as 30 minutes); don't make this a multi-tasking event. Rinse thoroughly with warm water, then pat dry. At minimum, follow-up with a good toner to give the skin a final cleansing and a very light moisturizing (we suggest our **QED man Da Vinci Water**). A good skincare regimen should include a mask at least once per week (no less than twice per month). Do not apply any type of facial mask just before a special occasion; the reason for this is the drawing power of the mask can flush the skin.

Can French Green Clay be used on all skin types?

Yes. French Green Clay can be used to balance combination skin, normalize oily skin, and revitalize dry skin. It is rich in vitamins and minerals and has antiseptic healing properties that leave the skin feeling silky smooth.

Where does French Green Clay come from?

Sun-dried French Green Clay has been extracted from quarries in France by a specialist company for over 50 years. The chosen sites are pollution-free and selected for their high mineral content. Drying is carried out exclusively by the sun and the clay is produced without preservatives and inspected according to the meticulous standards of the International Standards Organization (I.S.O). This guarantees clay of the highest purity & quality.

What's in a name?

Contrary to popular belief, not all French Green Clay comes from France. At one time the French quarries controlled the production of Green Clay and enjoyed unhampered success. The world market actually coined the term "French" Green Clay. After a surge in worldwide demand with its booming financial prospects, several other countries realized they had deposits very similar to that of some of the major French exporters. So, needless to say, many other players have come onto the field for a little bit of the French Green Clay action, and regardless of where it comes from, it is sold under the name of "French" Green Clay. Our French Green Clay is from France.

What about the color?

Judging dry clay by color can sometimes be a bit misleading. The clay is mined from bedrock quarries in France, the color is dependant on seasons and what the environment brings. However, when water is added to the clay its true dark "camouflage" green color will be highlighted.

Price: \$8.95 per 1-pound bag.